

Tutorial Guide for Mobility



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Partners


CITEVE - Portugal
www.citeve.pt

MODATEX - Portugal
www.modatex.pt

ATP - Portugal
www.atp.pt

INOVA+ - Portugal
www.inova.business

AITEX - Spain
www.aitex.es

ASECOM - Spain
www.asecom.org

INCDTP - Romania
www.incdtp.ro

ASTRICONE - Romania
www.astricone.eu

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1 The Context

1.1 UE Mobility

¹Mobility and exchange are relevant and contribute substantially to the development of the European education system, in terms of quality and networking.

Nowadays adult education is decentralised and it is very difficult to create an overview on European dimension and on resources involved.

The resources for the introduction of European dimension in adult education are generally result of European funded projects.

At European level, efforts are focused to increase labour mobility, especially within Europe by removing existing barriers.

The EU facilitates mobility by creating bonds between job-seekers and employers in Europe. Also, the fair work is sustained by assuring that EU's mobile workers are not abused and by fighting against undeclared work.

About 17 million EU citizens live and work abroad in another EU country, twice as many as ten years ago. 1.4 million EU citizens commute to another member state every day, to go to work.

The EU intends to create an **European Labour Authority** to sustain cross-border cooperation and mobility. This new body will have the following main functions:

- opening access to information on rights and obligations related to cross-border mobility for employees, employers and national administrations;
- facilitating coordination between member states in cross-border enforcement of relevant EU law;
- mediating between member states in order to resolve cross-border disputes;
- finding solutions in the case of labour market disruptions.

1 European Council, Fair labour mobility in the EU
<https://www.consilium.europa.eu/en/policies/labour-mobility/#>

2 How to implement an European mobility?

2.1 The Erasmus+ mobility programmes

Through the Erasmus + Programme, it is possible to acquire an experience of international mobility.

The experience of international mobility gives a broad cultural, social, educational and professional perspective.

Erasmus+ is the EU's programme to support education, training, youth and sport in Europe. Its budget of €14.7 billion will provide opportunities for over 4 million Europeans to study, train, and gain experience abroad.

The aim of Erasmus+ is to contribute to the Europe 2020 strategy for growth, jobs, social equity and inclusion, as well as the aims of ET2020, the EU's strategic framework for education and training.

Erasmus supports KEY ACTION 1 - MOBILITY OF INDIVIDUALS. This action supports the mobility for young people and youth workers for promoting Youth Exchanges and mobility of youth workers in cooperation with Partner Countries neighbouring the EU.²

This Key Action supports:

- Mobility of learners and staff
- Erasmus Mundus Joint Master Degrees
- Erasmus+ Master Loans

The Actions supported under this Key Action are expected to bring positive and long-lasting effects:

- on the participants
- on the participating organisations involved,
- on the policy systems in which such activities are framed.

At the end of a period of mobility, each party is expected to have several benefits (personal, professional, social, cultural, etc.).

You can get to know the Erasmus program in detail through the [guide](#).

² European Commission, Erasmus plus What is Erasmus+:
https://ec.europa.eu/programmes/erasmus-plus/about_en

2.2 The Clothing Technician Profile and Qualification

The project “**Clothing Technician Profile Update via Education - CoSTUmE**” is a European project funded by ERASMUS+, sub-programme KA3 “Support for policy reform”, sub action Joint Qualifications in Vocational Education and Training. This project reunites 8 partners from three European countries (Portugal, Spain and Romania).

CoSTUmE project intends to create a new and attractive Clothing Technician profile and qualification recognized in EU (PT, ES, RO) and to mobilize young people and adults in their professional qualification in the VET system, through the acquisition of necessary skills for textile and clothing industry, by the strong connection to fashion, technical textiles, home textiles, sustainability, introduction of new materials and industry 4.0.

The new **Clothing Technician Profile and Qualification** integrates: description of the professional profile (activities and competences); description of the Training curricula (learning pathways and units contents) and description of the learning outcomes. It provides the articulation of the learning outcomes following the criteria of transparency, recognition and transferability in the three partners’ countries.

The profile elaborated within the project contains:

- **Outputs:** Planification, organization and monitorization of the production floor, from the operational personal point of view, by using the best techniques and adequate procedures, in what regards to quality and productivity, respecting environmental, health and safety rules.
- **Activities:**
 1. Participate in the planification and organization of the production process.
 - 1.1. Implement work methods.
 - 1.2. Participate in the planification of cutting, sewing and finishing rooms’ activities.
 - 1.3. Participate in the production planification with the best methods, resources, machines and equipment.
 2. Participate in the monitorization of the production process.
 - 2.1. Guide, distribute and manage cutting, sewing and work finishing.
 - 2.2. Check that quality requirements, all over the production floor, are met.
 3. Promote and assure health and safety rules along with work methods and ergonomics, for all workers.
 4. Know how to read and understand technical specifications, along with all related documents.
 5. Participate in the definition of technical style specifications, needed for manufacturing.
 6. Lead and manage work teams.

3 Mobility documents

The mobility documents are the documents that record knowledge and skills acquired in another European country³:

- **Europass Mobility** is a standard European document, which records details of the contents and the results - in terms of skills and competences or of academic achievements - of a period that a person of whatever age, educational level and occupational status has spent in another European country (UE/EFTA/EEA and candidate countries) for learning purposes.
- The **Curriculum vitae** helps you present your skills and qualifications effectively and clearly.
- The **Language Passport** is a self-assessment tool for language skills and qualifications.
- The **Certificate Supplement** describes the knowledge and skills acquired by holders of vocational education and training certificates.
- The **Diploma Supplement** describes the knowledge and skills acquired by holders of higher education degrees.

In every country (European Union and European Economic Area), a National Europass Centre coordinates all activities related to the Europass documents. It is the first point of contact for any person or organisation interested in using or learning more about Europass.

The National Europass Centre:

- coordinates the management of Europass documents;
- promotes Europass and Europass documents;
- ensures that information and guidance centres are well informed about Europass and the Europass documents;
- ensures that all Europass documents are also available in paper versions;
- act as a national partner in the European network of National Europass Centres.

In **Spain** the National Europass Centre is:

SEPIE (Servicio Español para la Internacionalización de la Educación)

<http://www.sepie.es/iniciativas/europass>

Email: europass@sepie.es

Address: General Oráa 55, 28006 Madrid, ESPAÑA

Telephone: + (34) 915 50 67 68

In **Portugal** the National Europass Centre is:

Centro Nacional Europass <http://www.europass.pt>

Email: catarina.oliveira@erasmusmais.pt

Address: Praça de Alvalade 12, 1749-070 Lisboa, PORTUGAL

Telephone: + 351 210 101 966

³ <https://europass.cedefop.europa.eu/about-europass>

In **Romania** the National Europass Centre is:

Autoritatea Națională pentru Calificări <http://europass.anc.edu.ro/>

Email: office@anc.edu.ro

Address: No. 1-3, Valter Mărcineanu Square, Entry B, 2nd floor, room 117, 1st district
010155, Bucharest, ROMÂNIA

Telephone: + 40 21 313 00 51/52

More information regarding the mobility documents and the organizations that could help a mobility period across the Europe you can find accessing the link:
<https://europass.cedefop.europa.eu/about/national-europass-centres>

4 Portuguese, Spanish and Romanian

Host apprenticeship

The tutorial guide includes the contact data of different VET institutes and textile companies that: usually host apprenticeships or are open to receiving apprenticeship in future, in the three partner countries.

	VET Providers	Url for detailed information
Portugal	CITEVE	www.citeve.pt
Portugal	MODATEX	www.modatex.pt
Portugal	Escola de Moda do Porto	https://emp.pt/
Portugal	Escola Artística e Profissional Árvore	https://www.arvore.pt/
Romania	ASTRICONE	www.astricone.eu
Romania	INCDTP	http://www.incdtp.ro/
Spain	IES Cotes Baixes Alcoi	http://mestreacasa.gva.es/web/iescotesbaixes/1
Spain	ARTE MAS DISEÑO (Valencia)	https://barreira.edu.es/moda
Spain	CIFP CIUTAT DEL APRENT (Valencia)	http://cifpciudaddeaprendiz.edu.gva.es/oferta-formativa
Spain	AEG-ESCUELA DE INNOVACION PROFESIONAL (San Sebastián)	https://www.aeg.eus/es/escuela-superior-donostia/
Spain	IES Cotes Baixes Alcoi (Alicante)	http://mestreacasa.gva.es/web/iescotesbaixes/1
Spain	IES Serra Mariola – Muro d’Alcoi (Alicante)	https://portal.edu.gva.es/iesserramariola/es/
Spain	IES Sivera Font – Canals (Valencia)	https://www.siverafont.org/#
Spain	IES Sixto Marco – Elche (Alicante)	http://iesixtomarco.edu.gva.es/web/
Spain	IES La Torreta – Elda (Alicante)	http://mestreacasa.gva.es/web/0300966100
Spain	IES Nit de l’Albà -Elche (Alicante)	http://mestreacasa.gva.es/web/iesnitdelalba

Spain	CIPFP Ciutat de l'Aprenent - Valencia	http://cifpciudaddeprendiz.edu.gva.es/
Spain	IES La Malladeta – Vilajoyosa (Alicante)	http://ieslamalladeta.edu.gva.es/joomla/index.php
Spain	<u>IES La Plana – Castelló de la Plana</u>	http://ieslaplana.edu.gva.es/index.php?idioma=es
Spain	Centro Educativo Fuenllana	www.fuenllana.net
Spain	IES Leonardo Da Vinci	www.iesleonardo.com
Spain	IES Santa Engracia	ies.santaengracia.madrid.educa.madrid.org/
Spain	Universidad Francisco de Vitoria	https://www.ufv.es/cetys/

	Companies	Url for detailed information
Portugal	Be Claw, Lda	www.claw.pt
Portugal	ETFOR - Empresa Têxtil, SA	www.etfor.pt/
Portugal	Flor da Moda Confecções, SA	www.flordamoda.pt
Portugal	Singular Texteis, Lda	www.singulartexteis.com/
Portugal	O COLCHETE, Lda	http://ocolchete.com/
Portugal	Sociedade Ind. Conf. Dielmar, SA	www.dielmar.pt
Portugal	Moretextile SP, A.C.E.	www.moretextilegroup.com
Portugal	Confecções Ponto Treze, Lda	www.pontotreze.pt/
Portugal	Sweatrofa-Serviços de Acabamentos Têxteis, Lda	www.sweatrofa.com
Portugal	Doisbarros – Malhas e Confecções, Lda	doisbarros@doisbarros.pt
Portugal	Érius – Têxteis, SA	www.erius.pt
Portugal	Pedrosa & Rodrigues, SA	www.pedrosa-rodrigues.pt
Romania	SC DATSA TEXTIL SRL - Buzau	http://datsa.ro/wp/en/

Romania	SC MATEI CONF GRUP SRL	https://www.mateiconfgrup.ro/
Romania	SC ASTRICO NORD EST SRL	https://astrico.ro/
Romania	SC EMA SA	https://www.ema.ro/
Romania	SC S&B COMP SRL	https://sb.ro/ro/
Romania	SC SMIRODAVA SA	http://smirodava.ro/
Romania	SC CAREMIL SRL	https://www.caremil.net/
Romania	SC SOFIAMAN IMPEX SRL	https://www.sofiaman.ro/
Spain	VERT I BLAU, S.L.	http://www.vertiblau.com/
Spain	ORLIMAN ,S.L.U	http://www.orliman.com/
Spain	DISEÑOS MEDI, S.L.	http://www.d-medi.com/innovacion/
Spain	ISABEL SANCHIS,S.L.	http://www.isabelsanchis.com/
Spain	Hilaturas Ferre, S.A.	https://www.hifesa.com/en
Spain	Grupo Tutto Piccolo	https://www.tuttopiccolo.com/es/
Spain	Colorprint Fashion, S.L.	http://www.colorprintfashion.com/
Spain	Creaciones Euromoda	https://www.creaciones-euromoda.com/
Spain	Textiles Visatex, S.L.	http://visatex.com/
Spain	Megapunt Tejidos de Punto S.L.	http://www.likentextil.com/app/inicio/inicio.asp
Spain	AquaClean Group	https://www.aquaclean.com/es-es/quienes-somos
Spain	Francisco Jover, S.A.	https://www.jover.es/
Spain	Hilados Benisaidó	http://www.hiladosbenisaido.com/
Spain	Filtan 2010, S.L.	
Spain	Technocolor Textil, S.L.	
Spain	Casa Mediterranea 1967, S.L.	https://casamediterranea1967.com/
Spain	Feposil, S.L.	http://www.feposil.com/

Spain	Muñoz Miralles, S.L.	http://www.espunto.es/
Spain	K-Kpou	www.k-kou.com
Spain	El Corte Ingles	www.elcorteingles.com
Spain	Charo Azcona	www.charoazcona.com
Spain	FECSA	WWW.FECSA.NET

Details regarding accommodation

Information regarding the accommodation in different regions of the three partner countries can be found below.

In Portugal

For Porto and surroundings:

<https://www.livensaliving.com/>

<https://www.uniplaces.com/pt/accommodation/porto>

<https://www.spru.pt/>

<https://www.portoalto.com/pt/>

<http://www.alojamentoestudantes.pt/>

<https://erasmusu.com/pt/>

In Romania

For Bucharest and surroundings:

<http://www.tourism-bucharest.com/>

For Piatra Neamț and surroundings:

<http://cniptpiatraneamt.ro/index>

In Spain

For Madrid and surroundings:

www.esmadrid.com

Those interested in mobility/apprenticeship can contact the National Contact Point (NPC) in each partner country. This NPC, created especially for the project, will support learners or workers with more information about VET institutes and T&C companies that usually host apprenticeships in the three partner countries.

National contact point for Portugal

Centro Tecnológico das Indústrias Têxtil e do Vestuário de Portugal

www.citeve.pt

Rua Fernando Mesquita, nº 2785, 4760-034 Vila Nova de Famalicão

Contact person: Mrs. Alexandra Cardoso

E-mail: acardoso@citeve.pt

National contact point for Romania

The National Research&Development Institute for Textiles and Leather – INCDTP

<http://www.incdtp.ro/en/>

Contact person: Mrs. Sabina Olaru

E-mail: sabina.olaru@incdtp.ro

Astrico Nord-Est Association - ASTRICONE

<http://www.astricone.eu/en/Home/Index>

Contact person: Mrs. Carmen Boiciuc

E-mail: cluster@astricone.eu

National contact point for Spain

Madrid Fashion Association

www.asecom.org

Contact person: Lucía Soriano

E-mail: lsoriano@asecom.org

5 European and National entities

There are several bodies in Europe that provide guidance and services for those interested in apprenticeships and mobility across Europe. Those interested can find below information regarding these organisations.

EURES is a cooperation network designed to facilitate the free movement of workers within the EU 28 countries plus Switzerland, Iceland, Liechtenstein and Norway.

The network is composed of: the European Coordination Office (ECO), the National Coordination Offices (NCOs), EURES Partners and the Associated EURES Partners.

Partners in the network may include Public Employment Services (PES), Private employment services (PRES), trade unions, employers' organisations and other relevant actors in the labour market. The partners provide information, placement and recruitment services to employers and jobseekers whereas the European and National Coordination Offices oversee the organisation of the activities at European and national level respectively. Moreover, EURES has an important role to play in providing specific information and facilitate placements for the benefit of employers and frontier workers in European cross-border regions.

In practice EURES provides its services through the portal and through a human network of around 1000 EURES advisers that are in daily contact with jobseekers and employers across Europe.

Link: <https://ec.europa.eu/eures/public/en/eures-services>

Drop'pin@EURES is the place where companies and organisations can promote and showcase their youth opportunities designed to help young Europeans take their first steps into the labour market. Opportunities on this online platform include apprenticeships, traineeships, training programmes, e-learning courses, language training, mobility support, coaching and mentoring etc.

Drop'pin@EURES also facilitates matching of youth opportunities with the right young person's profile by granting access to a large number of skilled jobseekers across Europe. On the platform, employers are able to find the perfect match by browsing CVs of potential candidate online. The tool additionally allows organisations to directly and easily post youth opportunities on the portal, which can be seen by young EURES members from all over Europe.

Link: <https://ec.europa.eu/eures/public/en/opportunities>

EURODESK is an international non-profit association created in 1990. As a support organisation to Erasmus+, Eurodesk makes information on learning mobility

comprehensive and accessible to young people and those who work with them. With a network of national coordinators connected to over 1100 local information providers in 36 European countries (with Serbia joining in March 2019), Eurodesk raises awareness on learning mobility opportunities and encourages young people to become active citizens. Eurodesk is the main source of youth information on European policies, mobility information and opportunities. It answers enquiries and provides guidance for mobile young people across Europe. Eurodesk updates and manages content on the European Youth Portal, it also answers enquiries coming from the Portal.

Link: <https://eurodesk.eu/>

EUROPASS NATIONAL CENTRES

Europass aims to help individuals to present and document their skills and qualifications in a clear and transparent way throughout Europe. Communication between job-seekers and employers, as well as mobility for working or learning purposes, are facilitated by this initiative.

In every country (European Union and European Economic Area plus the former Yugoslav Republic of Macedonia, Serbia and Turkey), a National Europass Centre coordinates all activities related to the Europass documents. It is the first point of contact for any person or organisation interested in using or learning more about Europass.

Link: <https://europass.cedefop.europa.eu/about/national-europass-centres>

EUROGUIDANCE is a European network of national resource and information centres for guidance in 34 European countries. Its main target group consists of guidance practitioners in education and employment, among them professionals who provide information and guidance on international learning mobility to end-users seeking studying and training opportunities abroad. Euroguidance supports the competence development of the guidance community on the European dimension of lifelong guidance.

Link: <https://www.euroguidance.eu/>

The National Academic Recognition Information Centres (NARIC Network) was created in 1984. The NARIC network provides information concerning the recognition of diplomas and periods of study undertaken in other European countries as well as advice on foreign academic diplomas in the country where the NARIC is established. The NARIC network provides authoritative advice to anyone travelling abroad for the purposes of work or further education, but also to institutions, students, advisers, parents, teachers and prospective employers.

Link: <https://www.enic-naric.net/>

6 Frequent questions - FAQs

1. Who can submit for apprenticeship?

International mobility for apprenticeship in VET institutions and companies is open to participants to the Clothing Technician training program from Portugal, Romania and Spain.

2. What mobility activities can a trainee apply for?

A trainee of the Clothing Technician training program can apply for apprenticeship within VET institutions or companies for Portugal, Romania and Spain that are interested and willing to host this activity for free. These VET institutions and companies are presented in the tables with the tutorial guide with their contact data.

3. How do I apply to apprenticeship abroad?

You will need to apply through the National contact points (NCP) presented in this tutorial guide by indicated your interest in a VET institution or company. Afterward, the VET institution or company will be contacted to establish a period and the duration for the apprenticeship and the content of the activities.

4. Which trainees are eligible for mobility?

In order to be eligible, a trainee must be registered in Clothing Technician training program in Portugal, Romania or Spain and submit a request for apprenticeship in one of the countries mentioned below. It is not required for the trainee to have the nationality of the country of the VET institution that organized the training program.

5. What language will be used during apprenticeship?

The apprenticeship will be done using one of the official languages of the European Union, usually English for foreign trainees or national language for local trainees.

6. What is the maximum mobility period?

Trainees can go on mobility for the entire practice period of the clothing Technician training program (varies from country to another).

7. How will the credits be recognized after the mobility?

Depending on the hours allocated in a Credit Unit (CU) in each country, the training outcomes will be recognized entirely or must be supplemented with practice in the same area, e.g. transversal skills/digital skills. For example, if a Romanian trainee that studied the Raw material module with 20 hours and wants to go to Spain, where this module has 60 hours will have to supplement it with transversal training.

8. Where can I find the list of VET institutions and companies available for apprenticeship?

The list of Vet institutions and companies willing to host apprentices for Clothing Technician training program is presented in this tutorial guide, sorted by country. Also, their website is available in order to get more information about their activity.

9. What costs are supported for the apprenticeship?

The apprenticeship is for free, but the trainee should cover himself the travel, accommodation and daily allowance costs (except if you come under an Erasmus+ - KA1).

10. Where can I find information of accommodation?

The tutorial guide offers information on accommodation in the three participant countries, by regions depending on the location of the Vet institutions and companies. Also, contacting the National contact points you can get detailed information about travel and accommodation in the area of the VET institution or company.

7 Conclusions

Mobility is an excellent way for students to improve the use of a foreign language, autonomy, responsibility, social competences and develop different knowledge related with clothing area in different context which will improve the employment prospects.

The European Union recognizes the importance to support cross-border mobility of learners and workers and lifelong learning across Europe and supports the mobility through mobility programmes, through establishing national centres, the first points of contact for any person or organisation interested in working or learning across Europe. The European organizations are making efforts to increase labour mobility, especially within Europe, by removing existing barriers.

The aim of this guide is to present the importance of mobility across the Europe, the mobility documents, the European and national entities that support mobility and VET providers and companies that are available to host apprenticeships.

It is a guidance that may facilitate future mobility processes across the Europe.

In the Clothing Technician Profile the period of apprenticeship was defined in accordance with national specifics. The tutorial guide integrates concrete orientations for VET institutions and students to understand how they can participate in a mobility period. The tutorial guide also includes the contact of different existing VET institutes in the three partner countries, as several contacts from several textile companies that usually host apprenticeships or are open to receiving apprenticeship in future.

The qualification profile should be recognized and validated through Europass, ensuring the principles of European Transparency and Recognition. The tutorial guide offers the main orientation of the mobility, mainly: Europass mobility (registration of any period of time that its holder spent in another European country for education and vocational training purposes (European learning pathway) and Europass Certificate Supplement (for people holding an official vocational education and training certification or equivalent).

8 Glossary⁴

Mobility - ability of an individual to move and adapt to a new occupational or educational environment.

Qualification – formal outcome of an assessment and validation process which is obtained when a competent institution determines that an individual has achieved learning outcomes to given standards;

Learning outcomes - means statements of what a learner knows, understands and is able to do on completion of a learning process and which are defined in terms of knowledge, skills and competence;

Recognition of learning outcomes - means the process of attesting officially achieved learning outcomes through the awarding of units or qualifications;

Lifelong learning - all learning activity undertaken throughout life, which results in improving knowledge, know-how, skills, competences and/or qualifications for personal, social and/or professional reasons.

Apprenticeship - Systematic, long-term training alternating periods at the workplace and in an educational institution or training centre.

⁴ CEDEFOP (2014). Terminology of European education and training policy, Second edition. Luxembourg: Publications office of the European Union. https://www.cedefop.europa.eu/files/4117_en.pdf

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European Commission, Erasmus plus programme guide, version 2 (2019), english. Available through B-on: https://ec.europa.eu/programmes/erasmus-plus/sites/erasmusplus2/files/erasmus-plus-programme-guide-2019_en_1.pdf

Websites consulted:

European Council, Fair labour mobility in the EU. Available through B-on: <https://www.consilium.europa.eu/en/policies/labour-mobility/>

European Commission, Erasmus plus, What is Erasmus+. Available through B-on: https://ec.europa.eu/programmes/erasmus-plus/about_en

European Commission, CEDEFOP, Europass, Europass Mobility. Available through B-on: <https://europass.cedefop.europa.eu/documents/european-skills-passport/europass-mobility>

European Commission, CEDEFOP, Europass, About Europass. Available through B-on: <https://europass.cedefop.europa.eu/about-europass>

European Commission, CEDEFOP, Europass, National Europass Centres. Available through B-on: <https://europass.cedefop.europa.eu/about/national-europass-centres>

European Commission, CEDEFOP, Europass, Working in Europe. Available through B-on: <https://europass.cedefop.europa.eu/learning-and-working-in-europe/working>



www.clothingtechnician.eu

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